

# How to do sensory story time at home

## 'The Very Hungry Caterpillar'

Things that can be used at home to target the senses

**Aspect**  
**@anywhere**

Here for you *wherever you are*

### Light of the moon / egg

- Torch in dark room
- Real egg
- Toy egg
- Party poppers - for the 'pop!'
- Shadow puppet
- Tin foil, CD or other metal object for the moon - reflect the light

### Food

- Real food
- Toy food
- Playdough
- Cut out pictures - readily available online
- Magazines/recipes - find food pictures together and cut out



### Caterpillar

- Pipe cleaners
- Coloured paper - cut into circles
- Door stopper
- Soft toy
- Ribbon
- Straws
- Stuffed sock

### Cocoon

- Blanket
- Box
- Lycra
- Playdough
- Curl up body into a ball

### Butterfly

- Paint
- Colourful ribbons (wave in the air)
- Butterfly hand movements
- Soft toy
- Butterfly wings