

Sensory Story Time

with Aspect Therapy



Come along to Sensory Story Time!

Join Kate (Speech Pathologist) and Amy (Occupational Therapist) each month while they read beloved story books and demonstrate how to bring these stories to life using every day resources to entice our senses.

What is sensory story time?

Sensory Story Time aims to engage children to learn through movement, music, stories and sensory activities. It allows children who may find regular story time challenging, to participate in an inclusive environment which is structured yet fun.

Our eight senses help us to organise and interpret the information we receive from our body and the environment. Our senses are a crucial part of learning. By incorporating our eight senses, Sensory Story Time helps regular story books come to life!

Sensory Story Time incorporates built in play time and movement breaks which facilitates greater engagement and interactions. Sensory Story time will include specific strategies to assist with participation and engagement for children on the autism spectrum -or additional needs.

Resources for parents and professionals

You can access videos on Autism Spectrum Australia (Aspect) 's website:

www.autismspectrum.org.au/how-can-we-help/therapy-services/building-tots/sensory-storytime

Each video is accompanied by resources, activities and information on how to recreate sensory story time in your homes or education settings. Throughout the series, Amy and Kate will be providing additional information on various topics relating to communication, social and play skills, motor development and other school readiness skills.



For all questions or queries please contact Amy and Kate:

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