



Building Blocks

Start your therapy support

Aspect's Building Blocks Program begins with a series of six parent/carer interactive information sessions designed to give you a head start on your therapy service with us.

Building Blocks is a supportive pathway into accessing early childhood supports from Aspect, and the sessions introduce a range of topics and resources to help inform and guide a good quality, evidence-informed service, tailored to your child.

Our online sessions are facilitated by an Allied Health Professional (psychologist, speech pathologist or occupational therapist) from the Aspect Therapy team, who have deep experience and understanding of autism.

Throughout the program, you will be guided through the development of your child's individual Autism Profile which will provide you with an understanding of and strategies for supporting your child across a range of areas. This will also be an opportunity to meet with other parents/carers virtually, within a small supportive group setting.

Location: Sessions will be conducted online via Zoom video-conferencing

Dates: See link for next available session

Times: The program runs weekly over 6 weeks for 1 hour.

Cost: \$425.22 (NDIS) or can be paid privately (contact us for pricing)

Register [HERE](#) to join.

For any enquiries, please contact 1800 277 328 or email customerservice@autismspectrum.org.au

