

What Aspect Therapy offers

Our services

Speech Pathology

Helps develop language, communication and social skills.

Psychology

Helps understand and manage emotions, behaviour and social skills.

Occupational Therapy

Helps develop physical skills, support sensory preferences, and improve participation in everyday activities.

Education & Skill Development

Provides information, guidance and resources to assist parents and carers to maximise the child's engagement, learning and meaningful participation in day-to-day activities and opportunities.

Positive Behaviour Support

Helps parents, carers and families of those on the autism spectrum manage challenging behaviours.

Parent Training

Training programs and workshops that help families and carers increase their understanding of autism and the impact that an individual's autism has upon his/her learning, development and behaviour.

Assessments

Provides therapy assessments for autism across the lifespan. A comprehensive assessment can identify strengths and functional abilities to help determine what interventions, strategies and supports will assist someone to reach their potential.

Where *may include*

- At home
- Tele-Therapy and Online via video conferencing
- In educational setting
- In the community
- In a clinic setting

How

- Individually
- In small groups



Accessing our services

You contact Aspect by email or phone



You receive an email receipt from Aspect



An Aspect Operations Leader contacts you within 10 to 14 days

You are eligible

Yes

No

We refer you to the most appropriate provider

You are placed on our **waitlist**. We keep you informed on progress and may discuss alternative services for until we find an available therapist for you.

Your Therapist is appointed



You sign a **service agreement**, and we work together to develop an **Individual Support Plan**.



Therapy starts

Accessing our services

Locations in New South Wales and ACT



ACT/ Southern NSW

Canberra, Cooma-Monaro, Queanbeyan, Yass Valley, Goulburn

Northern Sydney

Hornsby, Hunters Hill, Ku-ring-gai, Lane Cove, Manly, Mosman, North Sydney, Pittwater, Ryde City, Warringah, Willoughby

Sydney/South Eastern Sydney

Ashfield, Burwood, Canada Bay, Canterbury, Leichhardt, Marrickville, Strathfield Botany Bay, Sydney, Kogarah, Hurstville, Randwick, Rockdale, Sutherland Shire, Waverley, Woollahra, Georges River

South Western Sydney

Camden, Campbelltown, Bankstown, Fairfield, Liverpool, Wingecarribee, Wollondilly

Western Sydney

Auburn, Holroyd, Blacktown, Cumberland, Parramatta, The Hills Shire

Blue Mountains/Nepean

Blue Mountains, Hawkesbury, Penrith, Lithgow

Central Coast

Wyong, Gosford

Hunter

Cessnock, Dungog, Lake Macquarie, Maitland, Muswellbrook, Singleton, Newcastle, Port Stephens

Illawarra/Shoalhaven

Kiama, Wollongong, Shellharbour

Mid North Coast

Port Macquarie-Hastings, Kempsey, Nambucca, Bellingen and Coffs Harbour

Murrumbidgee

Albury, Coolaman, Corowa, , Greater Hume, Jerilderie, Junee, Lockhart, Murray, Murrumbidgee, Narrandera, Temora, Tumbarumba, Urana, NSW Edward River

Northern NSW

Ballina, Byron, Lismore, Tweed, Tweed Heads, Richmond Valley, Kyogle, Clarence Valley

03 - Accessing our services

Locations in Victoria and South Australia



Adelaide

City of Charles Sturt, City of West Torrens, City of Port Adelaide, Enfield (West)

Bayside Peninsula

Bayside, Frankston, Glen Eira, Kingston, Mornington Peninsula, Port Phillip, Stonnington

North Eastern Melbourne

Banyule, Darebin, Nillumbik, Whittlesea, Yarra

Inner Eastern Melbourne

Boroondara, Manningham, Monash, Whitehorse

Outer Eastern Melbourne

Knox, Maroondah, Yarra Ranges

Southern Melbourne

Cardinia, Casey, Greater Dandenong

Western Melbourne

Hobsons Bay, Maribyrnong, Melbourne, Moonee Valley, Wyndham

Hume Moreland

Hume, Moreland

Inner Gippsland

Bass Coast, Baw Baw, Latrobe, South Gippsland

Brimbank Melton

Brimbank, Melton

Ovens Murray

Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga

Accessing our services

Tele - Therapy Locations

