

# Aspect Therapy Fees guide

Effective July 1, 2024



# a different brilliant\*

Understanding, engaging and celebrating the strengths, interests and aspirations of people on the autism spectrum.

### Aspect (Autism Spectrum Australia)

PO Box 697 Chatswood, NSW 2057

#### aspect.org.au

This material may not be copied (except as legally allowed for private use and study) or further disseminated without the express and written permission of the legal holder of the copyright.

© Aspect (Autism Spectrum Australia)

ABN 12 000 637 26

### Contents

Fees	3
User guidelines	13
About Aspect Therapy	15
Frequently Asked Questions	17

# Aspect is a registered NDIS service provider

Aspect Therapy supports belong to the following **NDIS Registration Groups**:

Specialist positive behaviour support (110)

Development of daily living and life skills (117)

Early childhood supports (118)

Therapeutic supports (128)

#### Each Registration Group has:

- a support category
   (e.g. Improved Relationships,
   Improved Daily Living Skills,
   Assistance with Daily Life)
- a support purpose of Core or Capacity Building.
- a number of support items with price limits set by the NDIS.

All our fees are set in accordance with the **NDIS Pricing Arrangements and Pricing Limits**.

NDIS My Provider Number: 405000353

<sup>\*</sup> For information on what being a registered provider means, please visit the NDIS commission website.

(NDIS participants)

SPECIALIST POSITIVE BEHAVIOUR SUPPORT 110			110
Support category: Improved Relationships Support purpose: Capacity Building		Pricing (per hour)	
Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
<ul> <li>Specialist Behavioural Intervention Support         <ul> <li>Highly specialised intensive support interventions to address significantly harmful or persistent behaviours of concern</li> <li>Development of behaviour support plans that temporarily use restrictive practices, with intention to minimise use of these practices</li> <li>11_022_0110_7_3</li> </ul> </li> </ul>	ACT, NSW, QLD, VIC: \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$ 341.91	\$ 366.33
Behaviour Management Plan Including Training in Behaviour Management Strategies  • Training for carers and others in behaviour management strategies required due the participant's disability  11_023_0110_7_3	ACT, NSW, QLD, VIC: \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$341.91	\$366.33

(NDIS participants)

DEVELOPMENT OF DAILY LIVING AND LIFE SKILLS 117			
Support category: Improved Daily Living Skills			
Support purpose: Capacity Building		Pricing (per hour)	
Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
Training for carers/parents 15_038_0117_1_3	\$ 77.00	\$ 107.80	\$ 115.50

(NDIS participants)

EARLY CHILDHOOD (EC) SUPPORTS		ger than 7)	118
Support category: Improved Daily Living Skill Support purpose: Capacity Building	S	Pricing (per hour)	
Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
Early Childhood Supports – Psychologist 15_001_0118_1_3	ACT, NSW, QLD, VIC: \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$ 341.91	\$ 366.33
Early Childhood Supports  - Therapy Assistant – Level 2  15_008_0118_1_3	\$ 86.79	\$ 121.51	\$ 130.19
Early Childhood Supports  - Early Childhood Professional  • Developmental Educator  • Early Childhood Teacher or Educator  • Occupational Therapist  • Social Worker  • Speech Pathologist  • Other Professional  15_005_0118_1_3	\$ 193.99	\$ 271.59	\$ 290.99

(NDIS participants)

EARLY CHILDHOOD (EC) SUPPORTS (for participants younger than 7)  118			
Support category: Assistance with Daily Life			
Support purpose: <b>Core</b>		Pricing (per hour)	
Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
Assessment Recommendation Therapy or Training – EC – Psychologist 01_700_0118_1_3	ACT, NSW, QLD, VIC: \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$ 341.91	\$ 366.33
Assessment Recommendation Therapy or Training – EC – Occupational Therapist 01_650_0118_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training – EC – Speech Pathologist 01_653_0118_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training – EC – Other Professional 01_740_0118_1_3	\$ 193.99	\$ 271.59	\$ 290.99

(NDIS participants)

THERAPY SUPPORTS (for participants older than 7)  128			
Support category: Improved Daily Living Skill	ls	Pricing (per hour)	
Support purpose: <b>Capacity Building</b> Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
Therapy Assistant Level 2 15_053_0128_1_3	\$ 86.79	\$ 121.51	\$ 130.19
Assessment Recommendation Therapy or Training – Psychologist 15_054_0128_1_3	ACT, NSW, QLD, VIC : \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$ 341.91	\$ 366.33
Assessment Recommendation Therapy or Training – Occupational Therapist 15_617_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training – Social Worker 15_621_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training – Speech Pathologist 15_622_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training – Other Professional 15_056_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99

(NDIS participants)

THERAPY SUPPORTS (for participants older than 7)  128			
Support category: <b>Assistance with Daily Life</b> Support purpose: <b>Core</b>		Pricing (per hour)	
Support items:	Non remote locations (Metro, Regional and National) MMM 1–5	Remote locations MMM 6	Very remote locations MMM 7
Assessment Recommendation Therapy or Training Support – Occupational Therapist 01_661_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training Support – Speech Pathologist 01_665_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99
Assessment Recommendation Therapy or Training Support – Psychologist 01_701_0128_1_3	NSW, VIC, QLD, ACT: \$ 222.99 NT, SA, TAS, WA: \$ 244.22	\$ 341.91	\$ 366.33
Assessment Recommendation Therapy or Training Support – Other Professional 01_741_0128_1_3	\$ 193.99	\$ 271.59	\$ 290.99

## **Additional supports**

Please ask us for a quote for the following services:

### **Assessments**

- Speech sound assessment
- Comprehensive language assessment
- Functional assessment
- Motor Assessment
- Sensory assessment

### **Parent Training and Workshops**

- Hanen More than Words TM
- Hanen Talkability TM
- Building Blocks Program
- Bespoke, customised workshops

### Non face-to-face / Indirect supports fees

### (NDIS participants) – as per agreed hourly rate

As well as face-to-face supports or teletherapy, Aspect comprehensive services also include non-face-to-face or indirect supports, meeting the NDIS Practice Standards and Quality Indicators required of registered NDIS providers.

These indirect supports will be discussed with you and will include:

Written feedback, ISP updates and NDIA reports	Feedback, notes and strategies following sessions and discussion and Individual Support Plan updates.
Phone calls, emails	Communication with participants, families/carers, support teams, educators and other professionals.
Paperwork, forms, letters, emails	Completion of paperwork and written communication with other agencies or medical professionals.
Meetings and collaboration	Meetings and collaboration with parents/carers, other supports team members and other professionals including medical, education, NDIS, other allied health professionals and other Aspect Therapy staff.
Report writing	Completion of NDIS report/assessment report.
Individual Support Plan (ISP)	Completion of Individual Support Plan and Five Point Star.
Behaviour Support Plan (BSP)	Completion of BSP and 'Five Point Star'.  Review of BSP based on Aspect Therapy guidelines and NDIS expectations. Completion of all report requirements for NDIS Commission.
Equipment – prescription, research, assessment, devices	Research and preparation of additional assessments, devices and any further research specific to the participant.
Resource development	Development of resources for the participant.

(outside of NDIS)

Aspect Therapy Supports	Fee
General therapy supports including Occupational Therapy, Speech Therapy, Social Work, Education and Skills, Provisional Psychology	<b>\$ 214</b> per hour
Registered Psychology	<b>\$ 236</b> per hour
Specialist Behaviour Supports	<b>\$ 236</b> per hour
Holiday and After–School Therapy Groups	up to <b>\$ 214</b> per hour
Parent/Carer Supports	<b>\$ 78</b> per hour

### User guidelines

### Cancellations

Aspect claims 100% of the agreed fee for any appointment cancelled at short notice.



Aspect's Short Notice Cancellations Policy will be discussed with you and is outlined in your service agreement.

A cancellation is considered short notice when a participant

- does not show up for a scheduled support within a reasonable time, or is not present at the agreed place and within a reasonable time when Aspect is travelling to deliver the support;
- has given less than 2 working days' notice prior to the agreed meeting time.

We will attempt to reschedule or discuss other supports that can be provided to you within the agreed appointment time.

No charges are incurred for appointments cancelled by Aspect.

We are committed to delivering our supports. In the unlikely event we need to reschedule or cancel an appointment, we will notify you as soon as possible, and work with you to find a suitable alternative.

### Payment terms

All payments are due within 7 days of receiving an invoice.



If payment is not received after
21 days from the invoice date,
services provided to you may be suspended.\*

\* If your account remains unresolved for more than 28 days, we reserve the right to refer the matter to a collection agency. Please note this may impact your credit rating and incur additional costs.

Aspect is not Medicare registered, so our services cannot be claimed through Medicare or Private Health Funds.

#### Goods and Services Tax (GST):

For the purposes of GST legislation, the Parties confirm that: "A supply of supports under a service agreement is a supply of one or more of the reasonable and necessary supports specified in the statement included, under subsection 33(2) of the National Disability Insurance Scheme Act 2013 (NDIS Act), in the participant's NDIS plan currently in effect under section 37 of the NDIS Act."

### User guidelines

### **Travel charges**

In line with *NDIS Price Arrangements and Pricing Limits*, Aspect claims the costs associated with travel for each appointment when a staff member travels to a home, school or other community locations.

Travel charges are negotiated as part of the Service Agreement.

Travel charges may include travel time and other costs such as kilometric reimbursement, tolls and parking.

- 30 minutes of travel per session in MMM 1 to 3 areas;
- 60 minutes of travel per session in MMM 4 to 7 areas.

Where a staff member is traveling less than 30 or 60 minutes, rates are adjusted accordingly. In accordance with the NDIS Pricing Arrangements and Price Limits, there may be times where we charge travel both to and from the last appointment of the day.

The relevant Modified Monash Model (MMM) is the classification of the area in which the participant lives. Check the MMM map at: doctorconnect.gov.au/internet/otd/publishing.nsf/Content/locator



### **About Aspect Therapy**

Our therapy services use key elements from

- behavioural support
  - developmental
     and social learning
- therapy-based and family-based supports

Our mobile therapists and Positive Behaviour Support practitioners provide supports across NSW, ACT, Melbourne and Adelaide, and our Teletherapy services provide access to therapy supports across Australia.

Aspect therapists deliver services using a person–centred, family–focused approach.

Our services include individualised therapy supports, delivered in the environment that best suits you, your family, carers and supporters, including in the home, community and education and care settings.

In conjunction with Aspect therapists, our Allied Health Assistants also provide face-to-face assistance in Deniliquin NSW, Maryborough QLD and North-West Tasmania.

### **About Aspect Therapy**

#### **Speech Pathology**

supports language, play and social communication skills.

#### **Occupational Therapy**

focuses on building physical skills, supporting sensory preferences, and improving participation in daily life activities.

#### **Psychology**

focuses supports in helping to develop emotional regulation skills, self-awareness and relationships.

### Positive Behaviour Support (PBS)

helps to prevent, understand and manage behaviours of concern.

Our practitioners also work with the person's support staff, such as occupational therapists and speech pathologists, to understand and develop a PBS support plan.

### **Education and Skills Development**

provides information, guidance and resources to maximise engagement, learning and meaningful participation in day-to-day activities and opportunities, and supports for transition to or between education settings.

### Aspect Therapy also offers parent training programs:

- Hanen More Than Words™
- Hanen Talkability™
- Building Blocks Program
- Webinars and ebooks (visit shop.aspect.org.au)

# Many of our therapy services include:

- An assessment of individual needs and current levels of functioning
- Developing and reviewing of an Individual Service Plan
- Individual therapy focused on core development needs
- Working with carers and other support persons to assist them to promote the individual's learning
- Providing resources that support learning and communication
- Session notes which include strategies to promote learning and development at home and in other settings
- Consultation and collaboration with other service providers and places of education
- Assistance to purchase resources to support intervention
- Summary report
- Travel and administration

'around the corner' for less...

so why choose Aspect?

I don't have NDIS funding Can I still access supports?	Yes, you can access any of the supports listed in the Fees for Non-NDIS supports and pay privately. Please note that Aspect is not Medicare registered, so our supports cannot be claimed through Medicare or Private Health Funds.
What happens if I cancel an appointment?	Cancellation rates apply if you cancel an appointment with less than 2 days' notice, or if you are not present at the agreed meeting time. Aspect Therapy claims 100% of the support fee for short notice cancellations (see page 13).
If we give you all of our funding package, can we have a discount?	Unfortunately, we cannot offer a discount as we are not paid in advance by the NDIA: we can only claim funding after an appointment has been delivered.  Aspect Therapy does not earn any additional income or manage your funds in a way that can be returned to you as a discount.
I can get the same service	There are many providers with different skills and experience, and their rates vary accordingly.

comprehensive and collaborative approach.

Aspect Therapy Fees guide – 2024–25

Our rates are based on 50+ years of autism expertise so we can confidently offer

you evidence-based, best practice therapeutic supports through a person-centred,

Could we choose not to pay for a certain part of the service (for example, an assessment report or correspondence with other service providers)? Aspect is a Registered NDIS provider and we have to meet Practice Standards and Quality Indicators. These include collaboratively developing individual plans and regularly reviewing these. Aspect has over 50 years of experience in providing best practice approaches, including capacity-building supports. To effectively implement a capacity-building approach, indirect or non face-to-face supports are necessary. You have choice and control in relation to NDIS providers, and a different approach may be more appropriate for your support needs.

What if I am not sure about whether Aspect Therapy is able to meet my needs?

If you would like to understand more about the supports we provide, you can look at our website or contact us to gain more information on 1800 277 328. You will also have the opportunity to discuss supports with your therapist or practitioner when they arrange a first appointment.

Aspect provides a range of supports to people of all ages on the autism spectrum and we will have conversations with you about these.

If you don't need to travel far to see us, do we still need to pay for travel? Our travel is negotiated as part of the service agreement process.

We apply NDIS travel guidelines to our pricing, and only charge travel if our staff travel to the appointment.

We do not charge travel if our appointments are via telehealth.

Under the NDIS Pricing Arrangements and Price Limits, providers are able to claim for labour related costs (the time our staff spend travelling) and also non-labour costs to cover other costs such as a kilometric allowance, tolls and parking. These costs will be discussed with you.

How long will I have to wait to access Aspect Therapy supports?

There is a very high demand for our supports, and we do our best to allocate you to an Aspect Therapist as quickly as possible.

We understand that wait times can feel quite lengthy and we are committed to expanding our workforce to ensure you can access the service with minimal delay.

What happens to my funds if I decide to change service providers?

Aspect Therapy invoices and processes payments for supports once we have provided them or for short notice cancellations. If you choose to stop receiving supports, please provide us with as much notice as you can. If we have a portal booking, we will release the funds as part of the process of ceasing supports.

Can my child receive supports from Aspect Therapy at school?

If your child's goals are best supported in a school setting, Aspect Therapy may be able to provide supports at the school. You will need to negotiate with the school principal and teacher prior to commencing the service.

Can I see an Allied Health Assistant and not the therapist? Aspect employs Allied Health Assistants (AHAs) in some of our teams. AHAs work under the direct delegation of Allied Health Professionals (Occupational Therapists and Speech Pathologists, Educators, Psychologists or Social Workers).

You cannot access our Allied Health Assistant support without receiving supports from therapists who will oversee the program and regularly collaborate with you and the AHA.

Can we reduce therapist hours and increase Allied Health Assistant hours?

The therapist guides the program and works collaboratively with the Allied Health Assistant on all aspects of your service delivery.

Our best practice guidelines stipulate the minimum amount of visits for the therapist, and we ensure that we comply with what is required.

Can the Allied Health
Assistant drop my child
home after session?

Aspect Therapists, Positive Behaviour Practitioners and Allied Health Assistants do not transport participants. Participant related travel to and from an Aspect Therapy session is the responsibility of you, your parents or carers.

