# Autistic-Led Assessments of Australian Airports Using an Autism-Friendly Framework

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### Background

- Airports are complex, high-stress environments with unpredictable stimuli, making air travel challenging for Autistic people.
- There is growing recognition of the need for autismfriendly spaces, yet research on airport accessibility remains limited.
- Autistic-led environmental assessments involve walkthroughs to evaluate sensory, social and communication experiences in real-world settings.
- This study analyzed environmental assessment reports from six airports to identify key accessibility challenges and enablers.

#### Research Question

 What are the common accessibility challenges and enablers in airports, as identified through Autistic-led environmental assessments guided by an autism-friendly framework?

#### Method

- A qualitative retrospective analysis was conducted using reflexive thematic analysis.
- Six environmental reports from Australian airports (2017-2024) were analyzed.
- Reports ranged from 15 to 41 pages, documenting accessibility strengths and challenges.
- Reflexive thematic analysis led by an Autistic researcher with air travel experience.

#### Results

Theme 1: Navigating the sensory landscape Theme 2: Help passengers navigate with confidence

1.1: Design for visual comfort

2.1: Prepare travelers with information and resources

1.2: Manage auditory overload

2.2: Enhance navigation through accessible wayfinding

1.3: Mitigate overwhelming scents

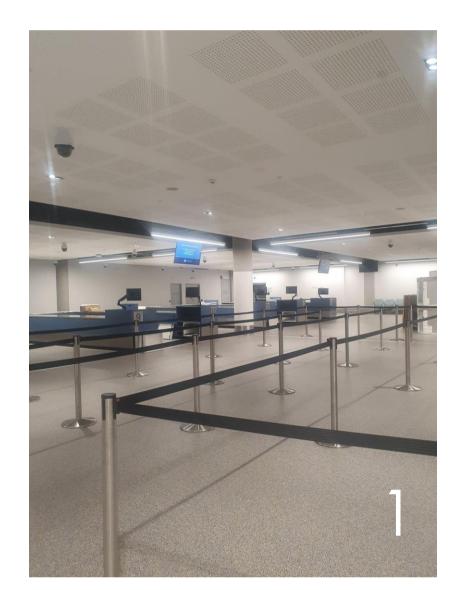
2.3: Create order amid crowds

## Significance

- Autistic-led research ensures accessibility improvements are informed by lived experience.
- Fills a critical research gap in airport accessibility.
- Aligns with universal design, benefiting a wide range of travelers.
- Supports a shift from isolated initiatives to systemic change in airport design.
- Encourages collaboration between researchers, airports, and policymakers.

## Recommendations for Airports

- Minimize reflective surfaces, replace fluorescent lighting, and reduce sudden loud noises.
- Provide designated sensory-friendly rooms for travelers needing a break from overwhelming environments.
- Use high-contrast signage with icons, digital screens for queue times, and step-by-step security guides.
- Offer pre-travel resources, Easy English materials, and alternative ways to request assistance (e.g., Sunflower lanyards).
- Implement structured lanes, accessible pathways, and priority lanes for travelers with hidden disabilities.
- Equip airport personnel with knowledge on sensory needs, communication differences, and inclusive customer service.







## **Images** Bollards in place to support queuing and crowd control

- 2. Low sensory room
- 3. Clear signage including behaviour expectations
- 4. Signage informing passengers how many minutes it will take to get to their gate, helping to increase predictability

Poster





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