



Person Centred Approach and Recognition of Valued Status

Easy English

Aspect knows that every person is important and deserves a chance to take part in their community. This is called having a valued role.

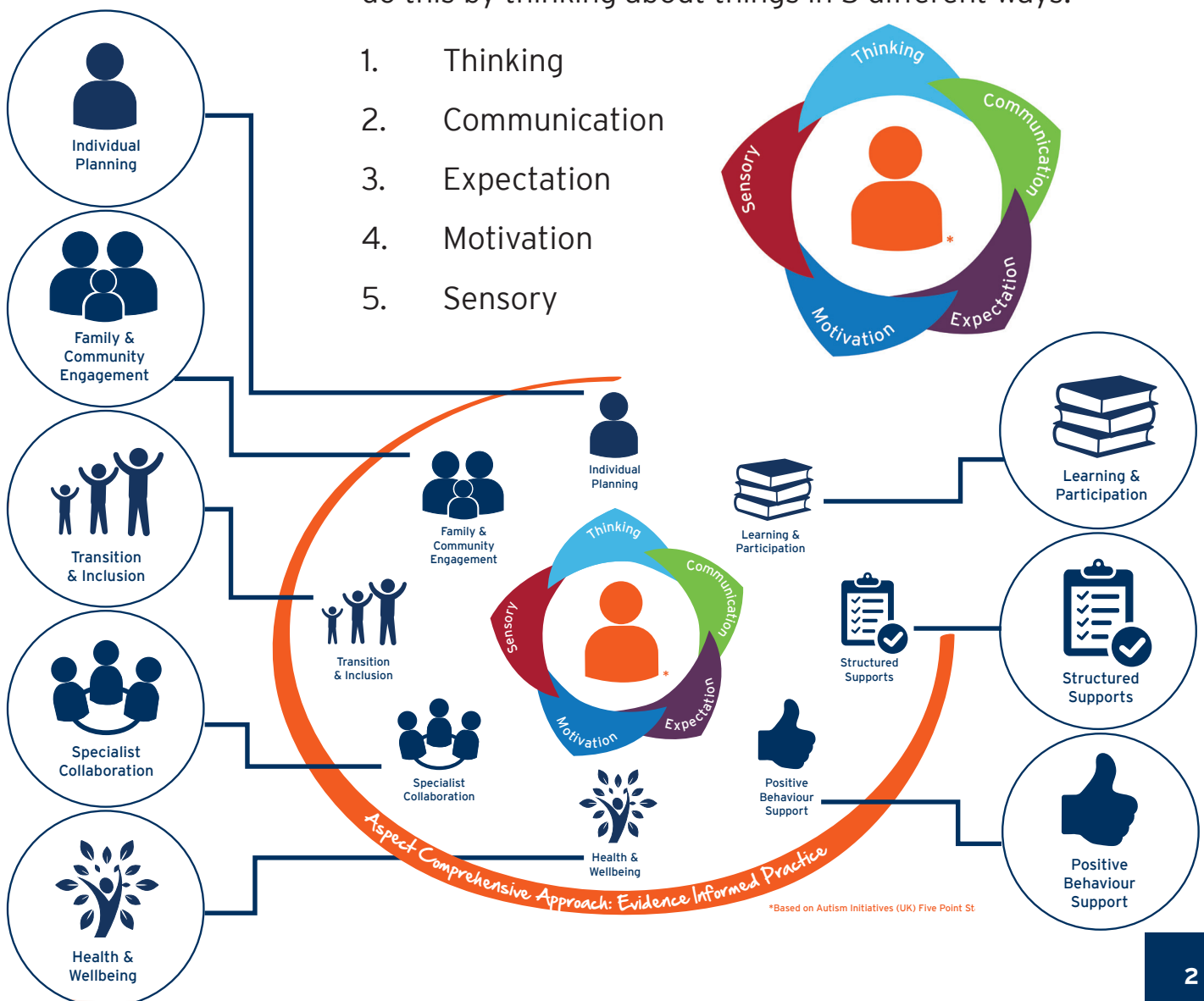


We believe your needs come first. When we think about our services, we are thinking about your needs. This is called a Person Centred Approach.

We work to improve the quality of life for all people in our services using the Aspect Comprehensive Approach (ACA). This approach tells us the best ways to work with you and your family to meet your needs.

At the centre of the Aspect's Comprehensive Approach (ACA) is the 5 Point Star. This helps our staff to learn about and understand autism and the people they work with. We do this by thinking about things in 5 different ways:

1. Thinking
2. Communication
3. Expectation
4. Motivation
5. Sensory



Individual Planning is one part of the ACA where we use a Person Centred Approach.



Individual plans support you to have your own ideas and work towards planning and living the life you want. It includes your goals, hopes, skills and interests.



Your individual plan supports you to take part in the community. It works on your skills and abilities to help you have the best opportunities as a valued member of your community.



You making your own decisions and choices is always important to us.

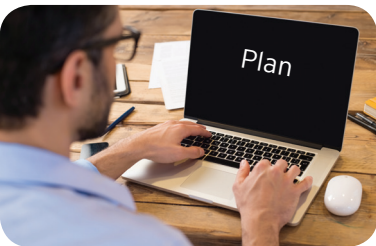
Rules of our person centred approach to individual plans



1. Your individual plan is always focused on what you want and what the people important to you want for you. It looks at all parts of your life and what is important to you. You have a say in all decisions.



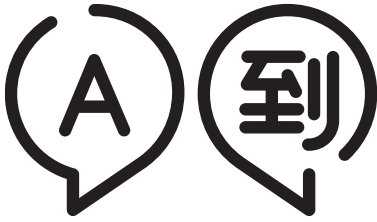
You are supported to be part of the community in ways that are important to you.



2. Your individual plan will always be based on the specific things that you and your family want to achieve. If you already have a plan before coming to us, we will follow that plan.



3. Your family and circle of support can work with us to help you. Talking to the people important to you helps us make plans that will work best.



If you need support to be able to join in the planning process, we will do what we can to make sure you get that support.



4. If you go to an Aspect school, your school individual plan will cover how you can be supported at school and to achieve other life goals.



5. Your individual plan is written in plain English and in a way you can understand.



6. Your plan is looked at on a regular basis and at important times in your life. If your needs change we will work with you to change the plan.



7. You may need support in some skills like communication, social, positive behaviour and sensory needs. We look at those skills to help us make the plans.

How we make services, supports and schools person centred



1. We think about your best interests and being respectful to you as a person and this helps us to make decisions.



2. Our programs, services and supports are flexible so you can make your own choices and choose your goals.



3. Information about all our schools, services and supports is available and easy to access.



4. You are kept at the centre of the support, schooling or service you receive.



5. We follow the law when we make plans. Plans show an understanding of and respect for your background, ability, culture and gender.



6. You will be supported to make plans that mean you can control your own life.

This document was adapted from the Aspect Person Centred Approach and Recognition of Valued Status Policy that can be found on the Aspect website at www.autismspectrum.org.au.

This document was developed in consultation with a variety of individuals throughout Aspect.

Should you need support to understand Aspect's written information in a language other than English, please call TIS on 131 450 to request an interpreter in your preferred language, and ask for Autism Spectrum Australia (1800 277 328).