



How we work at Aspect

Easy Read version



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About this policy



This policy is from Aspect Australia. We give services that support Autistic people.



We wrote this policy to tell you about how we approach our work at Aspect.



A policy means rules our staff follow.



We work with, and get the views of Autistic people to better understand what our approach should be.



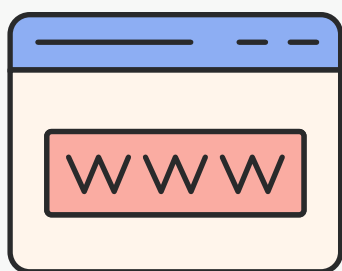
Approach means the way our staff work to give our services.



This document is an Easy Read summary of our approach policy.



Summary means we only include our most important ideas.

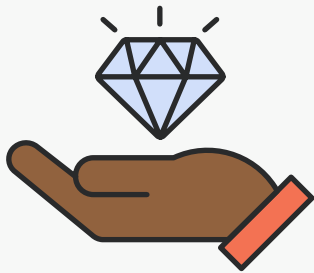


You can read the full version of this policy on the [Aspect website](#).



You can find our contact information on page 10 at the end of this guide.

Our principles



We use principles to help guide us.



Principles are like values or rules for how we work.



Our principles help us give better support to Autistic people.



This document tells you about 6 of our principles.



Autistic partnerships

We use the lived experiences of Autistic people to help us give better support.



This means our staff learn about the experiences and ideas that Autistic people have.



We use Autistic people's ideas to help us:

- give better services
- do better research
- make better decisions as a company.



Research means to look for information about different topics.



Strengths based

This means we focus on things that Autistic people are interested in and good at when we give our services.



Person centred

This means we give services that meet the needs of each person we support.



Evidence informed

This means we use the right information that helps us give the best support to each Autistic person.



The information can come from:

- when we do research
- when we learn about people's needs, values and what they like
- people who are experts.



An expert is someone who knows a lot about a topic. Like a doctor or other healthcare professional.

Collaboration



This means we work with Autistic people and their support network, like family or carers.



We find out about what people want and how they feel before we give them support.



This helps us better understand the needs, strengths and goals of the people we support.



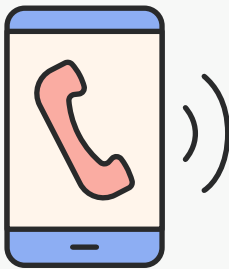
Goals means something you work towards.



Continuous improvement

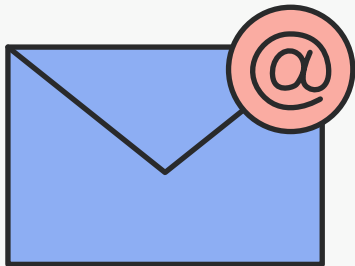
This means we review our work and find ways to make our services better.

Contact information



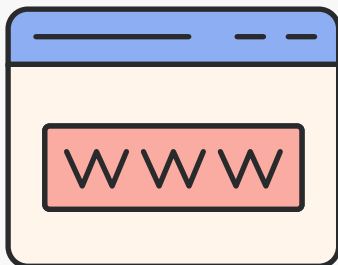
Call us

1800 277 328



Email us

customerservice@autismspectrum.org.au



Visit our website

aspect.org.au



Use the Translating and Interpreting Service (TIS)

Call 131 450 and ask to speak to Aspect on 1800 277 328.



Use the National Relay Service (NRS)

Visit the [National Relay Service website](#).

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