



Please read before continuing

This resource was made by myself Jérôme Etteridge outside of my work, as an educational resource primarily for my year 9-10 students as a brief visual information session.

While it was intended for people on the spectrum, it should be just as informative for people not on the spectrum and will contain some information you may not deem as relevant.

Additionally I have gone through and added references to all of the content in the slides, including images. Some images may have been sourced from company websites and are in no way an endorsement, as I only selected the image based on looks and not my personal experience.

Lastly, this resource is based on information that was current at the time of writing (6 August 2026) and is subject to change. All information is based on the NSW road rules.



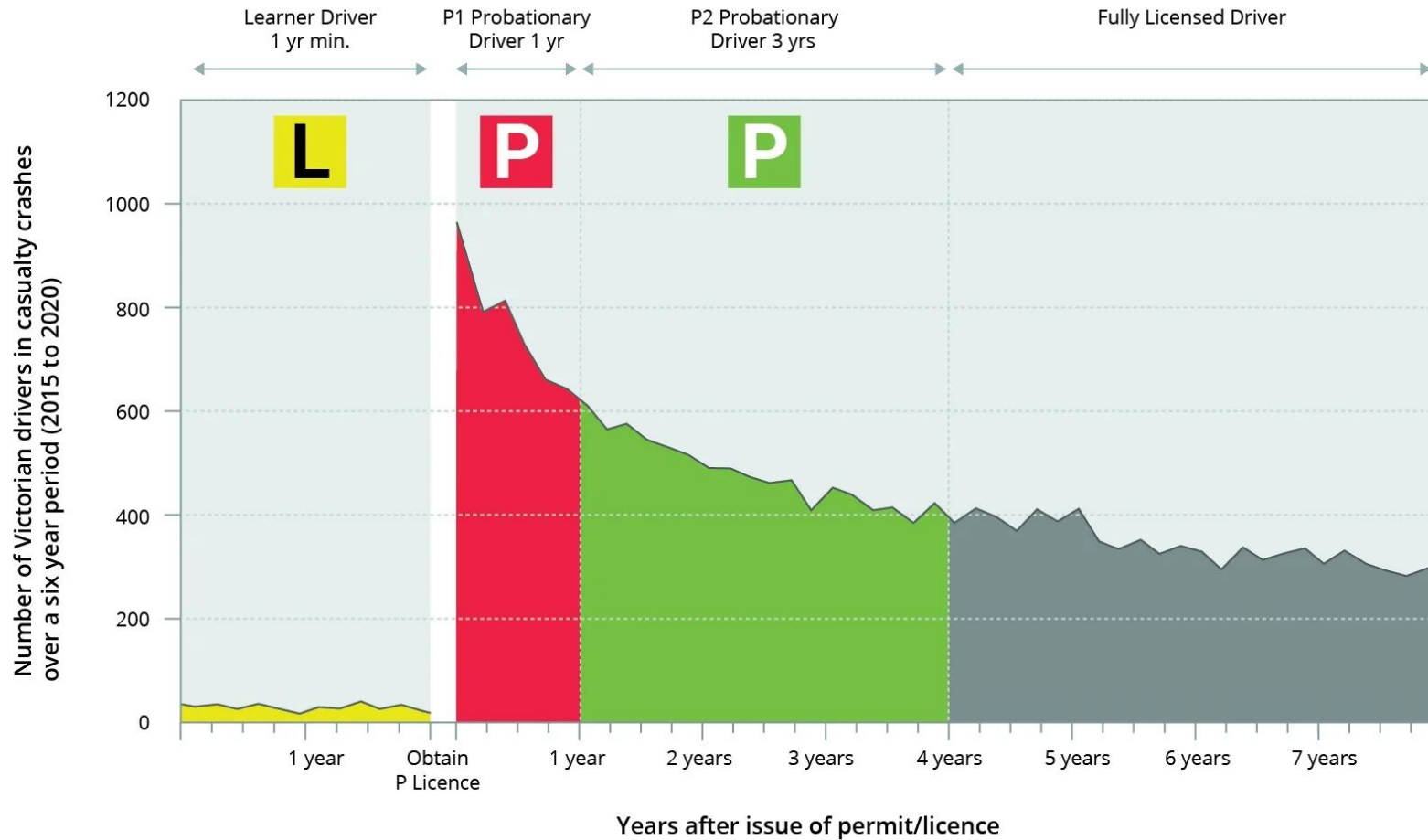
Learning to drive

By Mr E, Mr E and Mrs Boulos

Driving risks: Personal Distractions

- P plater - highest risk of crashing in the 1st 6 months of driving.
- Being late to a destination - speeding.
- Driving to new and unfamiliar places.
- Competition with friends.
- Your own diagnosis → distractibility / fixation.





Driving risks: Distractions

- Loud noises.
- Peer pressure - driving with friends.
- Roadside distractions (Adds, accidents and other types.



Driving risks: Road or condition distractions

- Wet- foggy / adapting to different weather conditions.
- Poorly lit conditions.
- Car malfunction.
- Cyclists.
- Other dangerous drivers.



Benefits of driving a car

- Independence.
- Discover new places and interests.
- Worry less about unreliable public transport.
- Meet up with friends more regularly.
- Expand the area where you can work.



Responsibilities of driving a car

- As the driver of a car, it's your **sole responsibility** for the safety of both your passengers and other road users including **drivers** and **pedestrians**.
- Drivers are also **responsible** for making sure: each passenger is sitting in their own seat that's fitted with a **seatbelt**.





The driving process for gaining all licences

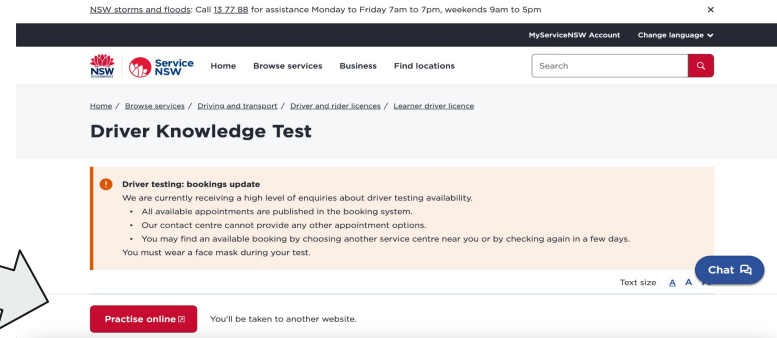
Learners licence, Red P plates and Green P plates.

The driving process, obtaining L plates: Step 1

To get your L plates, you will need to sit a test with **45 questions**. This will assess your knowledge on basic skills about road signs and responsible driving behavior.

This will be done at any Service NSW.

To sit this test, you will go to your local NSW service centre or attempt online.



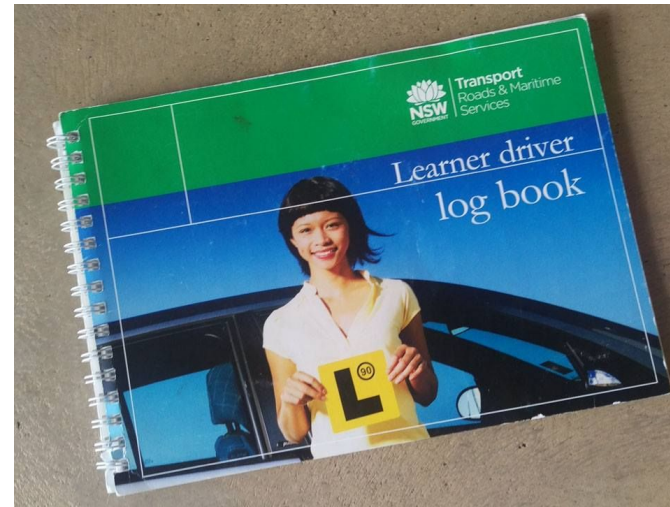
The driving process, obtaining L plates: Step 1



- The (Driver Knowledge Test) DKT consists of 45 questions.
- It is divided into two sections: general knowledge and road safety.
- The general knowledge section has 15 questions; you need 12 correct to pass.
- The road safety section has 30 questions; you need 29 correct to pass.
- Passing both sections is necessary for an overall pass.

The driving process, driving with L plates: Step 2

- **After completing the test**, you will receive your **licence and your log book**.
- **The logbook** is where you **record the hours of driving**, as well as the **locations** you drove to during your practice.
- **The log book** requires you to complete a minimum of 120 hours of driving after a **1 year period of driving**.
- **You will** need to do at least **20 hours of night driving** and **several hours** of driving in harsh conditions (rain, busy roads and highways/ multi lane traffic).



The driving process, driving with L plates: Step 2 Continued



For people who prefer **digital over physical**, the **Roundtrip** digital log book may better suit you

- **Transport for NSW** has moved to a single log book app model with **Roundtrip** being the only **official** app accepted.
- The app lets you 'set and forget'. This means the app will **record your drive** in the background.
- **You must** start the app while you're safely parked out of the line of traffic, then put your **phone away** while you're driving.

The driving process, obtaining Red P plates and HPT

To apply for your P1 licence, you must:

- Be **at least 17 years** of age.
- Have held a learner licence for **at least 12 months**, unless you're aged **25 years** or older.
- Have logged at least **120 hours driving** time in your Learner Driver **Log Book**, including at least **20 hours** of night driving, unless you're aged **25 years** or older.
- Pass an eyesight test.



The driving process, obtaining Red P plates continued

To apply for your P1 licence, you must:

- Pay the **licence and test fees**, unless you're eligible for a **concession card**, this can be covered by having a pension or disability card.
- Pass the **Hazard Perception Test (HPT)**.
- Pass the **driving test**, you will need to provide a **car**.



The driving process, obtaining Red P plates finalised



- **Arrive at least 15 minutes early.**
- **Park your vehicle** in the **Driving Test parking area.**
- **Report to the concierge** or a customer service representative at the counter and give them your log book, if you have one.
- **Proof of identity**
- **Licence application form**
- **Glasses or contact lenses**
- **Payment or concession card**
To pay the [licence fee](#) or apply for a concession if you pass the test. Some [service centres](#) only accept card payments, so please check if you want to pay with cash.
- **Completed Learner Driver Log Book or app** (under 25 year olds only)
The book must include your 120 hours driving experience, 20 learning goals and 'Declaration of Completion' signed by a supervising driver. If you used the log book app, submit it at least 48 hours before your test.
- **Registered and roadworthy vehicle**

The driving process, obtaining Green P plates summary



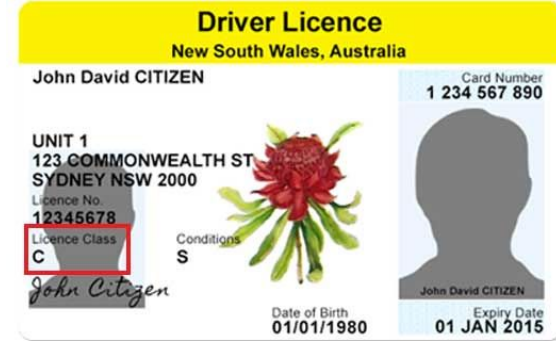
To apply for your P2 licence, you must:

- Have held your P1 licence for at least 12 months.
- Pay the licence and test fees, unless you're eligible for a concession, this can be covered by having a pension or disability card.



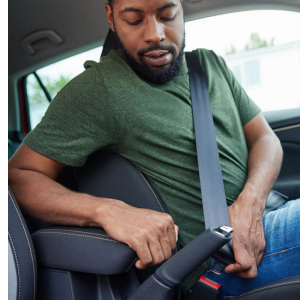
Learner rules

- **Learners** must have a **supervisor** present when driving. The supervisor must hold a **full Australian driver licence** and sit next to the learner.
- **Learners can drive with passengers** in the car. If you're driving with passengers, you must ensure these passengers all sit in seats with **seat belts or child restraints**.



Learner rules

- Learners must only drive vehicles that have a **seat belt** fitted to the driver's seat, and you must wear the seat belt.
- When driving, learners must display L plates **clearly** on the **front** and **back** of the car. The plates must be on the **outside**, or there must be an L sign on the roof. The letter L on the plate must not be hidden. So your plates do not fall off, secure them with a clip or holder.
- Learners must only drive **cars**.



Red P plate rules

You must not:

- Drive above the speed limit of **90 km/h**.
- Have any **alcohol** in your system when driving.
- Supervise a learner driver.
- Drive a high-performance vehicle.
- Use any **mobile phone** while driving, or while your vehicle is stopped but **not parked**. This includes hands-free devices or loud speakers.



Green P plate rules

You must not:

- Drive over the maximum speed limit of **100km/h**.
- Have any **alcohol** in your system when you drive a vehicle.
- Supervise a learner driver.
- Use any **mobile phones**, including hands-free devices or loudspeaker, while driving or while your vehicle is stopped but not parked.
- Drive a **high performance vehicle**.





NDIS, Support and developing a routine

For students without NDIS support, go to slide 26.



NDIS and Driving



You, your **parent/carer** or **Support Coordinator** can ask the NDIS for funding for an assessment if your disability affects your **ability to learn** or **drive safely**. This usually involves an assessment by a **driver-trained occupational therapist**. The process will take time and if you have a learner licence, you can practice while you are waiting for the funding or assessment.



NDIS and Driving



The NDIS **does not** fund ordinary driving lessons or getting enough practice hours to obtain a licence.

It only funds **specialised driver training** where it is required because of the participant's disability.

1) You need your **parents/carer or Support Coordinator** to include your goal of getting your **licence in your plan**.



NDIS and Driving



3) If you get the funding, a special **‘assessor’**, usually a **driver-trained occupational therapist** will come out and complete a report on what you need to help you get your **licence**. It will include things like ‘they need a **special instructor** for driving lessons.’

4) The assessor submits a **full report** and you will have to wait again, finally if it is approved you will get funding for a **special driving instructor** who has training in supporting people with disabilities.



Support throughout your driving career



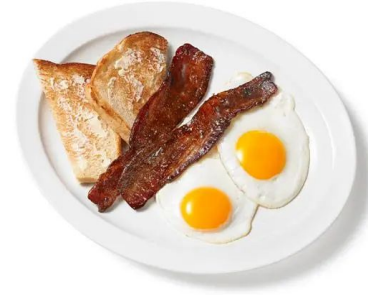
Whilst on your learner licence, you are able to take part in **10, 1 hour driving lessons** (Paid) with each lesson counting as **3 hours** towards your log book.



You may also attend a safe learners driver course after completing **80 hours**, this is a one day (**6 hour**) safety course with both **theory** and **practical** elements. This will help you become a safer driver and will add **20 hours** to your log book.



Learning routine



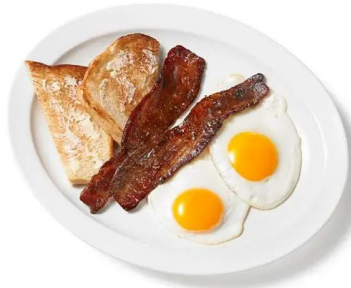
The best way to get your learner licence is to routinely practice the **DKT**, you should if possible do the test **two times** a day **morning** and **night**.

Once you have completed the test and achieved a perfect pass mark of **45/45** two times in a row, that is the time you should start looking at booking your **DKT**.



Learning routine

Here are some options for times you should do the test: Before or after **breakfast**, on the way to or from **school**, during **sensory** or **free time**, before or after **lunch** (at home), when getting home from **school**, before or after **dinner**.





Driving Kahoot and practice test

Open up your laptops and prepare for a driving themed Kahoot, there will be 14 questions which will be both easy and hard.

Kahoot Join: <https://kahoot.it/>

Kahoot Host:

<https://create.kahoot.it/share/teach-with-slides/edf1b1a7-4291-4245-82a7-d6c15765c230>

Or if asked go to the service NSW website and attempt the learner practice test

Service NSW:

<https://www.service.nsw.gov.au/transaction/driver-knowledge-test>





References

- Service NSW: <https://www.service.nsw.gov.au/services/nsw-driver-licence>
- L plate test information:
<https://www.ezlicence.com.au/blog/don-t-fail-the-driver-knowledge-test-nsw>
- NDIS Info: <https://www.ndis.gov.au/media/7782/download?attachment>