

Aspect Assessments

Getting a diagnosis is the first step
towards finding the right supports
for you and your family.

A comprehensive assessment helps
identify developmental difficulties and
determine strategies and supports that will
best assist someone to achieve their goals and
reach their potential.

Aspect Assessments are:

1. Conducted by experienced clinical psychologists, neuropsychologists, and educational and developmental psychologists with experience and post-graduate training in autism diagnosis.
2. Best practice – using National Guidelines for the Assessment and Diagnosis of Autism Spectrum, Australian Evidence-Based Clinical Practice ADHD Guideline and other standardised tools.

3. Comprehensive with a detailed report that suggests next steps and supports based on the person's interests and developmental differences.

Assessment types include:

- Autism
- ADHD
- Cognitive
- Learning
- Review

Our purpose a different brilliant®

Understanding,
engaging and celebrating
the strengths, interests
and aspirations of people
on the autism spectrum.



Find out more
about Aspect
Assessments

aspect.org.au/autism-assessment-diagnosis

Understanding every aspect

Why seek a diagnosis?

Self-awareness – understanding being Autistic and/or ADHD can clarify past challenges and differences, often bringing relief.

Support access – a diagnosis may lead to access for disability services, such as NDIS, work accommodations and other helpful resources.

Self-advocacy – better self-knowledge enables individuals to express their needs more clearly.

Community connection – meeting other neurodivergent individuals can provide a comforting sense of belonging.

Pride in identity – recognising being Autistic and/or ADHD can foster self-esteem and a positive self-image.

Improved healthcare – a formal diagnosis can help with more personalised and tailored medical and mental health care.

Locations

Delivered in-person in Sydney or via telehealth across Australia.

Aspect's assessments help people of all ages better understand their strengths, needs and learning profiles.



Aspect is one of Australia's largest autism-specific service providers. We have over 55 years of experience partnering with people of all ages on the autism spectrum, as well as their families, carers and support networks.

We are committed to making life better for people on the autism spectrum.

