Make a meaningful difference this World Autism Understanding Day

This World Autism Understanding Day, you have the opportunity to make a real difference in the lives of Autistic individuals and their families. Whether you rally your community, take on a challenge, or donate, your efforts will help create a more inclusive world for all. Here's how you can get involved:





Host A Brilliant Brunch

Celebrate inclusion and raise vital funds by hosting A Brilliant Brunch with your co-workers, community, or loved ones. Share stories, foster understanding, and raise awareness of autism. You can set an entry fee or ask for donations to your online fundraising page, inspiring change one bite at a time!



Step up for autism

Take on the Walk for Autism challenge by walking 7,000 steps a day throughout May to raise funds and awareness for the 70% of Autistic individuals who experience mental health issues. Sign up today in celebration of World Autism Understanding Day and share on your socials why this cause is important to you.



Create a Facebook fundraiser

Set up your own World Autism
Understanding Day fundraiser on
Facebook, with Autism Spectrum
Australia (Aspect) as your chosen
charity. Share why this day matters
to you, and invite your friends, family,
and colleagues to contribute. Every
donation brings us closer to a more
inclusive world.



Become a monthly donor

Join our Brilliant Start community and provide consistent, ongoing support to those who need it most. Your commitment will help create brighter futures every day.



Make a tax-deductible donation

If fundraising isn't for you, you can still make an impact. Your donation directly supports vital services that help Autistic individuals and their families thrive.



Every action counts!

Together, we can make World Autism Understanding Day 2025 truly impactful. Don't wait – use the QR code to sign up, donate, or learn more today!



Additional ways to support throughout the year:

Fundraising opportunities:

- Running challenges: join marathons, fun runs, or events like City2Surf to raise funds. Register now!
- Create your own fundraiser: organise a trivia night, challenge, or other event. Get in touch and we'll help bring your idea to life
- Facebook fundraisers: celebrate special occasions like birthdays by setting up a fundraiser on Facebook.
- Run for Autism: join our October event!
 Challenge yourself, raise funds, and make a real difference.
- Shine for Autism: this Christmas, decorate your home, school, or business with festive lights and shine a spotlight on the magic of giving and the power of community.

Leave a Gift in your Will

Create a legacy by including Aspect in your Will, ensuring future support for Autistic individuals.

Corporate partnerships & workplace volunteering

Partner with Aspect to make a lasting impact. Encourage your workplace to volunteer or create a corporate partnership to show commitment to inclusion.

Philanthropic giving

If you have the capacity, consider supporting Aspect through trusts, foundations, or private funds to help even more people on the autism spectrum.

