

Aspect Adult Community Services

Example of Activities

Aspect Adult Community Services offer meaningful social activities to support people on the autism spectrum develop new skills. The focus is on individuals having choice and control over what programs of support they would like to access. These programs ensure that people increase their independence and are better connected within their communities.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Travel Training <i>Time: Morning</i> <i>Cost: BYO travel card</i> <i>Location: Various locations</i></p>	<p>Bike Ed <i>Time: Morning</i> <i>Cost: \$0.00</i> <i>Location: Bike Education Park</i></p>	<p>Competitive Sports <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Various locations</i></p>	<p>Bike Ed <i>Time: Morning</i> <i>Cost: \$0.00</i> <i>Location: Bike Education Park</i></p>	<p>Jewelery Making <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Aspect centre</i></p>
<p>Meditation <i>Time: Morning</i> <i>Cost: \$0.00</i> <i>Location: Aspect centre</i></p>	<p>Indoor Exercise <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Aspect centre</i></p>	<p>Computers <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Community Hub</i></p>	<p>Arts & Crafts <i>Time: Morning</i> <i>Cost: \$10.00</i> <i>Location: Aspect centre</i></p>	<p>Indoor Exercise <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Aspect centre</i></p>
<p>Gardening <i>Time: Afternoon</i> <i>Cost: \$10.00</i> <i>Location: Local community garden</i></p>	<p>Step into the thousands <i>Time: Afternoon</i> <i>Cost: \$0.00</i> <i>Location: Various locations</i></p>	<p>Swimming <i>Time: Morning</i> <i>Cost: BYO Entry fee</i> <i>Location: Various locations</i></p>	<p>Newsletter <i>Time: Afternoon</i> <i>Cost: \$0.00</i> <i>Location: Aspect centre</i></p>	<p>Healthy Lunch <i>Time: Afternoon</i> <i>Cost: \$10.00</i> <i>Location: Various locations</i></p>
<p>Program Cafe <i>Time: Afternoon</i> <i>Cost: BYO Money for your own drink</i> <i>Location: Various locations</i></p>	<p>Program Music <i>Time: Afternoon</i> <i>Cost: \$5.00</i> <i>Location: Various locations</i></p>	<p>Numeracy / literacy <i>Time: Morning</i> <i>Cost: \$5.00</i> <i>Location: Aspect centre</i></p>	<p>Recycling <i>Time: Afternoon</i> <i>Cost: \$0.00</i> <i>Location: Aspect centre</i></p>	<p>Independent Living Skills <i>Time: Afternoon</i> <i>Cost: \$0.00</i> <i>Location: Aspect centre</i></p>